

the

CAN Annual Review

January – December 2015

City of Ann Arbor Parks and Recreation

Bryant Community Center and Northside Community Center



CAN Outcome Highlights

Youth Services:

- ✓ 96% high school graduation rate compared to 70% graduation rate for economically disadvantaged AAPS youth.
- ✓ In Fall 2014, BCC youth demonstrated a 95% average daily school attendance compared to 90% district average.

Food Security:

- ✓ In FY 15/16, CAN at BCC distributed over 337,000 lbs of food worth \$577,000.
- ✓ Over 1200 unduplicated households served annually.

Safety:

- ✓ Calls for service to AAPD down 26% from 2009 to 2013.

Drainage

- ✓ Over 50 Bryant households with improved drainage

Home Values

- ✓ Average home prices up 36% from \$47,228 in FY 9/10 to \$64,144 in FY 12/13

CAN's Mission

Community Action Network **partners** with children, youth, and families from under-resourced Washtenaw County **neighborhoods** to create better futures for themselves, and improve the communities **in which they live**.

Notable Events

Art in the Park

CAN received a \$10,000 NEA matching grant to install art in the Arbor Oaks Park. Project is scheduled for completion in May 2016

A2 Expeditions

Program for young teens that promotes the use of local transportation in a fun and educational way. Participants learn how to navigate AAATA, and access various local resources (ex. Libraries).

Warm the Children & Holiday Gifts

Dozens of Bryant neighborhood youth each received \$90 in winter clothing. All BCC ASP youth had a happy holiday with at least 4 \$25 gifts per child.





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Activity Service Description	Program Frequency	Program Activities During This Time Period:	Program Outcomes / Achievements
Site: Bryant Community Center			
I. PROGRAMS			
A. After School Program			
76 Program Participants			
1. Academic Programs:			
- Computers	Daily	<p>Academics: CAN's BCC elementary after school program utilizes a system of rotations that include academics, and life skill enrichment activities that all program youth go through. Of these rotations, the program always maintains literacy focused and math focused rotation. These academic rotations use a variety of tools such as Raz-Kids (online literacy resource used regularly by AAPS), individual reading sessions with program staff and volunteers, group reading sessions, and for math, homework completion assistance, tutoring, individualized supplemental math workbooks, and math games.</p> <p>Computers: CAN provides/uses a computer lab of which program participants regularly use for academic work such as printing assignments, using MS Office, research, etc.</p> <p>Serendipity Reading: This program, operated under CAN, brings a wonderful selection of books. Every week, each program youth selects two books to keep for a lifetime of enjoyment and building up a sizeable library in the meantime.</p> <p>Raz-Kids: Raz-Kids is an award winning online reading program that includes hundreds of books to engage students with animation and sound effects as they listen to fluent reading, record their own reading for practice, and take quizzes on what they read. Program staff assesses particular reading skills with online assessments and regularly utilizes iPads to ensure optimal flexibility in implementing this program.</p> <p>GLEG: In partnership with a CAN donor, Great Lakes Educational Group is providing top quality tutoring services for 4 CAN program youth from 2-</p>	<p>School Attendance Rates: 96% for elementary program youth and 94% for middle/high school (teen) program youth. District average school attendance is 90%.</p> <p>Graduation Rate: 96% of CAN youth graduate from high school.</p> <p>Funding Milestone Met/Exceeded: CAN has already met or exceeded Coordinated Funding milestones (school attendance and Youth Matrix scores).</p> <p>Meals: CAN averages about 250 meals per week or over 1000 meals per month.</p>
- Academic Games	Daily		
- Serendipity Reading	Weekly		
- Tutoring	Daily		
- Academic Workbooks	Daily		
- Raz-Kids	Daily		
- GLEG	3-4x Weekly		
2. Personal Growth & Life Skills			
- Arts and Crafts	Daily		
- UM College of Pharmacy	Weekly		
- Girl Scouts	Weekly		
- Girls Circle	Weekly		
3. Recreational/Misc Programs			
- Meals	Daily		
- Recess	Daily		
- Teen Program Fieldtrips	Weekly		
- Holiday Gifts	Monthly		



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4 times per week depending on the youth by certified educators. In addition, GLEG couples tutoring services with study skills training and ACT prep.

Life Skill Enrichment: The life skill enrichment activities vary, but often include healthy life style workshops, cooking/culinary, and arts/crafts.

UM College of Pharmacy: College of Pharmacy students provide weekly health-focused workshops for program youth. To name a few recent workshops, program youth participated in fun healthy eating and healthy behaviors activities.

Girl Scouts: Program girls discover the fun, friendship, and power of girls together. Through a myriad of enriching experiences girls grow courageous and strong. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.

Girls Circle: A structured support group for girls from 9-18 years of age that integrates relational theory, resiliency practices, and skills training. Designed to increase positive connection, strengths, and competence in girls.

Meals: Nutritious meals are provided every after school program day and provided during non-program days as well. CAN always maintains a supply of food for when youth are on school vacations.

Recess: After a long day at school, elementary and teen program youth have a general free time for 30 minutes. Youth play with computers and board games, exercise through outdoor games/activities, and a great time to catch up with program youth on their well-being.

Teen Program Fieldtrips: On most Thursdays, teen program youth that have met behavioral, academic, and participatory requirements get to enjoy a fun-filled fieldtrip. These trips vary but some common locales are



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		<p>special events through Ann Arbor District Library, video game archive on UM's North Campus, movies, and many more fun activities.</p> <p>Holiday Gifts: All program youth receive 2 need and 2 want holiday items. All kids deserve the joy of a happy holiday celebration and in partnership with First United Methodist Church, CAN ensures all youth get the special enjoyment of presents from Santa Claus!</p>	
<p><u>ASP Staff & Volunteer #s</u></p> <ul style="list-style-type: none"> - Staff/Program Assistants - Interns - Volunteers 	<p>1x (Program Coordinator) and 3x (Program Assistants- Work Study Students) each day.</p> <p>3-4x (MSW Interns)- UM MSW interns that contribute 16 hours per week.</p> <p>125x (ASP Volunteers)- Collectively contributed over 1300+ hours during this year.</p>		
B. Summer Camp			
<p>27 Program Participants</p> <p>4. Academic Programs:</p> <ul style="list-style-type: none"> - Computers - Academic Games - Serendipity Reading - Tutoring - Academic Workbooks - Raz-Kids - ThinkStretch - STEM <p>5. Personal Growth & Life Skills</p> <ul style="list-style-type: none"> - Arts and Crafts - Toledo Zoo - UM Museum of Natural History - Mindfulness - AADL 	<p>Daily</p> <p>Daily</p> <p>Weekly</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Daily</p> <p>Weekly</p> <p>Weekly</p> <p>Weekly</p> <p>Daily</p> <p>Weekly</p>	<p>Academics: CAN's BCC elementary summer camp utilizes a system of rotations that include academics, and life skill enrichment activities that all program youth go through. Of these rotations, the program always maintains literacy focused and math focused rotations. These academic rotations use a variety of tools such as Raz-Kids (online literacy resource used regularly by AAPS), individual reading sessions with program staff and volunteers, group reading sessions, and for math, homework completion assistance, tutoring, individualized supplemental math workbooks, and math games.</p> <p>Computers: CAN provides/uses a computer lab of which program participants regularly use for academic work such as printing assignments, using MS Office, research, etc.</p> <p>Serendipity Reading: This program, operated under CAN, brings a wonderful selection of books. Every week, each program youth selects two books to keep for a lifetime of enjoyment and building up a sizeable library in the meantime.</p> <p>Raz-Kids: Raz-Kids is an award winning online reading program that includes hundreds of books to engage students with animation and sound</p>	



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<ul style="list-style-type: none"> - FLY Art 	Weekly	<p>effects as they listen to fluent reading, record their own reading for practice, and take quizzes on what they read. Program staff assesses particular reading skills with online assessments and regularly uses iPads to ensure optimal flexibility in implementing this program.</p> <p>ThinkStretch: ThinkStretch is a summer learning program that gives students a proven edge in education, and is designed to help bridge the educational achievement gap that widens throughout the summer months for economically disadvantaged youth.</p> <p>STEM: Science, Technology, Engineering and Math education. CAN focuses on these areas together not only because the skills and knowledge in each discipline are essential for student success, but also because these fields are deeply intertwined in the real world and in how students learn most effectively.</p> <p>Life Skill Enrichment: The life skill enrichment activities vary, but often include healthy life style workshops, cooking/culinary, and arts/crafts.</p> <p>Toledo Zoo: Not only do campers get to enjoy the wonderful adventures of a zoo trip, Toledo Zoo brought the zoo to the kids every week. Campers were visited by Chinese alligators, lizards, snakes, and many more unique critters.</p> <p>UM Museum of Natural History: UM Museum of Natural History brought the campers back in time to learn about evolution, geology, and Michigan wildlife.</p> <p>Mindfulness: Mindfulness is a state of active, open attention on the present. Mindfulness helps the children observe their thoughts and feelings from a distance, without judging them good or bad. It also becomes a calming strategy that encourages self-reflection and emotional regulation.</p> <p>AADL: Ann Arbor District Library's array of programs provide an endless supply of enrichment for program youth.</p> <p>FLY Art: FLY Art's mobile art program brought to life the summer camp theme with art-related activities.</p>	
6. Recreational/Misc Programs	Daily		
<ul style="list-style-type: none"> - Meals 	Daily		
<ul style="list-style-type: none"> - Recess 	Daily		
<ul style="list-style-type: none"> - Parks and Rec Pool 	Weekly		
<ul style="list-style-type: none"> - Birthday Gifts 	As Needed		



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		<p>Meals: Nutritious lunch and dinner are provided every summer camp day and provided during non-program days as well. CAN always maintains a supply of food for when youth are on school vacations.</p> <p>Recess: Summer campers have a general free time twice per day for 30 minutes. Youth play with computers and board games, exercise through outdoor games/activities, and a great time to catch up with program youth on their well-being.</p> <p>Parks and Rec Pool: Big thanks to AA Parks and Rec for the agency passes that allow CAN youth the refreshing experience of swimming particularly on the hot, sunny days.</p> <p>Birthday Gifts: Thanks to FUMC, Bryant neighborhood after school and summer camp youth get to enjoy a happy birthday with at least 4 gifts from CAN along with all the ingredients to make a cake.</p>	
<u>Summer Camp Staff & Volunteer #s</u> - Staff/Program Assistants - Interns - Volunteers	1x (Program Coordinator) and 5x (AmeriCorps Summer Associates) Each Day 3x (MSW Interns)- UM MSW interns that contribute 32 hours per week 30x (Camp Volunteers)- Collectively contributed over 350+ hours during the 6 week camp.		
C. YouthWorks			
24 Program Participants 1. Soft Skills Workshops 2. Customer Service Workshops 3. ACCESS 4. Career Clusters	4 day program 2 day program 3 week program	YouthWorks is a paid work readiness program for teens 14 and older. YouthWorks offers interactive experiences to help teens develop employability skills needed for the workplace such as: professionalism, accountability and customer-service while exploring various career fields. YouthWorks strives to equip the teens with the knowledge and experience they'll need to be successful in real-world work environments. ACCESS is the Advanced Career and College Exploration Skills Seminar designed in part to help youth transition more successfully to post-secondary school and job opportunities.	
D. Food Program			
1. Food Programs:		Food Distributions: The emergency pantry and large food distribution	Families Skipping Meals:



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<ul style="list-style-type: none"> - Emergency Food Pantry - Large Food Dist. - SNAP Assistance - National Kidney Foundation of Michigan - Texas Roadhouse 	<p>Daily</p> <p>3x per Month</p> <p>When Necessary</p> <p>Weekly</p> <p>4 Days</p>	<p>served over 1200 unduplicated families that made about 5500 total visits. These families represent over 6000 unduplicated Washtenaw County individuals. In FY 14/15, CAN in collaboration with Food Gatherers distributed a staggering 337,000 lbs of food worth \$577,000.</p> <p>SNAP Assistance: Using CAN's electronic referral system, dozens of families were connected to SNAP troubleshooting resources.</p> <p>National Kidney Foundation of Michigan: In partnership with CAN, NKFM creates delicious and nutritious snacks for food program participants while teaching many on how to make these items into wonderful meals. CAN and NKFM also targets food items that are more challenging to distribute such as beets, kale, and several other heartier types of produce.</p> <p>Texas Roadhouse: CAN's Bryant neighborhood families had 4 fully featured dinners from Texas Roadhouse- complete with steak, salads, and all sorts of delicious appetizers.</p>	<p>CAN asks families upon annual food program registration whether or not they or a family skips meals due to lack of food. So far in FY 15/16, 34% of families report skipping one or more meals in the past 12 months.</p>
<p><u>Food Program/Misc Staff and Volunteer Resources</u></p> <ul style="list-style-type: none"> - Staff - Interns - Volunteers 	<p>1x (Program Coordinator) and 1x (Program Assistants) two days per week.</p> <p>1x (MSW Interns)- UM MSW interns that contribute 16 hours per week per student</p> <p>51x (Food Program Volunteers)- Collectively contributed over 350+ hours during this 3 month period.</p> <p>19x (General Volunteers)- Collectively contributed over 149+ hours during this 3 month period with assistance such as center organizing and cleaning.</p>		
E. Other Programs & Services			
<p>1. Other Programs & Services:</p> <ul style="list-style-type: none"> - Health Insurance Referral - Computer / Internet Access - Notary Public 	<p>When Necessary</p> <p>Daily</p> <p>Daily</p>	<p>Health Insurance Referrals: In partnership with UNIFIED, CAN connects clients to in depth health insurance application and troubleshooting assistance.</p> <p>Computer/Internet Access: CAN maintains a computer lab that is used regularly to access employment information, apply for jobs, finding housing, and a host of other purposes. The lab also provides free printing ca-</p>	



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<ul style="list-style-type: none"> - Transportation - Advocacy 	<p>When Necessary</p> <p>When Necessary</p>	<p>pabilities for CAN clients.</p> <p>Notary Public: CAN provides free notary public services to center patrons.</p> <p>Transportation: On a case by case basis, CAN provides transportation for clients to school, work, and medical appointments/hospital. In addition, CAN delivers food to Bryant neighborhood residents with medical issues and/or limited mobility.</p> <p>Advocacy: CAN's advocacy work knows no bounds as the clients' advocacy needs are constantly evolving. Historically, CAN has provided advocacy services in education, housing, drainage/quality of living issues, DHS services, and a variety of other categories. During this period of time, CAN has helped to troubleshoot several education related issues including the identification and procurement of special education services.</p>	
III. EXTERNAL PROGRAMS			
<p>1. External Service Providers</p> <ul style="list-style-type: none"> - Women, Infants, & Children (WIC) - Alcoholics Anonymous - Narcotics Anonymous 	<p>Twice per Month</p> <p>Weekly</p> <p>Weekly</p>	<p>WIC: This program provides health and a nutrition service that helps families eat well and stay healthy and has demonstrated a positive effect on pregnancy outcomes, child growth and development.</p> <p>Alcoholics Anonymous: This group is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.</p> <p>Narcotics Anonymous: This group is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from narcotics use. The only requirement for membership is a desire to stop using narcotics.</p>	
IV. COMMUNITY BUILDING & COMMUNICATION			
<p>1. Community Activities</p> <ul style="list-style-type: none"> - Bryant Newsletter 	<p>Monthly</p>	<p>Bryant Newsletter: CAN creates and distributes a monthly newsletter to all Bryant residents. The newsletters include a variety of upcoming im-</p>	



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<ul style="list-style-type: none"> - Bryant Community Meeting - CAN SE Board Meeting - Meet the Principals - Parent Game Night 	<p>Monthly Quarterly Once Once</p>	<p>portant center events and program information in addition to many local resources such as Parks and Rec Scholarships and Head Start enrollment.</p> <p>Bryant Community Meeting: CAN co-facilitates monthly community meetings with Bryant residents. CAN typically brings a special guest and/or service to each community meeting. During this period of time, community meetings included artist Nick Tobier (art in the park project), annual CAN focus group, and United Way's focus group on financial stability programs.</p> <p>CAN SE Board Meeting: CAN SE is a subsidiary of CAN that serves the southeast Ann Arbor area. CAN SE is also comprised of over 50% residents from this geographic region.</p> <p>Meet the Principals: In collaboration with AAPS' Bryant and Pattengill Elementary, CAN hosted a meeting with neighborhood parents and these school principals to better bridge the communication gap.</p> <p>Parent Game Night: In collaboration with AAPS' Pattengill Elementary, CAN hosted a fun-filled night that engaged parents with AAPS and CAN staff.</p>	
Site: Northside			
I: PROGRAMS			
A: CSS Food Distribution			
<ol style="list-style-type: none"> 1. CSS Food Distribution 	<p>3x per Week</p>	<p>CSS Food Distribution: Catholic Social Services distributes perishable and non-perishable foods 3 times per week and serves a similar volume as Bryant Community Center in terms of total pounds of food and number of clients served.</p>	
B. Other Programs and Services			
<ol style="list-style-type: none"> 1. Cajun Jammers 2. Girl Scouts 3. Toast Masters 	<p>Weekly Weekly Weekly</p>	<p>Cajun Jammers: Provides weekly practice sessions for Cajun music lovers.</p> <p>Girl Scouts: Program girls discover the fun, friendship, and power of girls</p>	



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4. A2 Reskilling	Varies	<p>together. Through a myriad of enriching experiences girls grow courageous and strong. Girl Scouting helps girls develop their full individual potential; relate to others with increasing understanding, skill, and respect; develop values to guide their actions and provide the foundation for sound decision-making; and contribute to the improvement of society through their abilities, leadership skills, and cooperation with others.</p> <p><i>Toast Masters:</i> This program provides warm, supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.</p> <p><i>A2 Reskilling:</i> This group promotes resilience through community building and skill-sharing. Workshop topics vary but have included trainings on permaculture and yoga.</p>	
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