

Events:

Earth Day Seed Starting

Saturday April 22, 2023: 3:00pm to 4:00pm

Traverwood Branch: Program Room

Preschool–Adult

Earth Day is the perfect time to start some seeds for your garden! Bring the family, bring your friends, and leave with a plant of your own to care for.

Being with Bipolar: A Poetry Reading and Panel Discussion about Bipolar Disorder

Thursday May 11, 2023: 6:00pm to 7:30pm

Pittsfield Branch: Program Room

Local poets Jennifer Metsker and Ellen Stone will read poetry about their experiences with bipolar disorder from different perspectives, addressing stigma and the trauma related to living life with a mental illness as well as caring for those with a mental illness. Following the poetry reading, Michigan Medicine's Heinz C. Prechter Bipolar Research Program will host a Q & A with the audience about bipolar disorder and research advances in the field.

VISIONS 2023

Save the Date! VISIONS 2023: Technology and Services for the Blind, Visually Impaired & Physically Disabled will be held on Wednesday, June 7 from 11AM to 4PM at the Downtown Ann Arbor District Library. More information coming soon! Visit aadl.org/visions for updates.

Materials:

WLBDP patrons can order digital cartridges by calling 734-327-4224 or emailing wlbpd@aadl.org

To sign up for the Braille and Audio Reading service (BARD) to download your own books, visit nlsbard.loc.gov or call us and we can assist with the application.

Books you can find on BARD:

Newsroom confidential: lessons (and worries) from an ink-stained life by Margaret Sullivan

Sullivan began her career at the Buffalo News, where she rose from summer intern to editor in chief. In *Newsroom Confidential* she chronicles her years in the trenches battling sexism and throwing elbows in a highly competitive newsroom. In 2012, Sullivan was appointed the public editor of The New York Times, the first woman to hold that important role. She was in the unique position of acting on behalf of readers to weigh the actions and reporting of the paper's staff, parsing potential lapses in judgment, unethical practices, and thorny journalistic issues. Sullivan recounts how she navigated the paper's controversies, from Hillary Clinton's emails to Elon Musk's accusations of unfairness to the need for greater diversity in the newsroom.

The light we carry: overcoming in uncertain times by Michelle Obama

There may be no tidy solutions or pithy answers to life's big challenges, but Michelle Obama believes that we can all locate and lean on a set of tools to help us better navigate change and remain steady within flux. In *The Light We Carry*, she opens a frank and honest dialogue with readers, considering the questions many of us wrestle with: How do we build enduring and honest relationships? How can we discover strength and community inside our differences? What tools do we use to address feelings

of self-doubt or helplessness? What do we do when it all starts to feel like too much? Michelle Obama offers readers a series of fresh stories and insightful reflections on change, challenge, and power, including her belief that when we light up for others, we can illuminate the richness and potential of the world around us, discovering deeper truths and new pathways for progress.

Fairy tale by Stephen King

Charlie Reade looks like a regular high school kid, great at baseball and football, a decent student. But he carries a heavy load. His mom was killed in a hit-and-run accident when he was ten, and grief drove his dad to drink. Charlie learned how to take care of himself—and his dad. When Charlie is seventeen, he meets a dog named Radar and her aging master, Howard Bowditch, a recluse in a big house at the top of a big hill, with a locked shed in the backyard. Sometimes strange sounds emerge from it. Charlie starts doing jobs for Mr. Bowditch and loses his heart to Radar. Then, when Bowditch dies, he leaves Charlie a cassette tape telling a story no one would believe. What Bowditch knows, and has kept secret all his long life, is that inside the shed is a portal to another world.

Thank you!!

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