

New fitness program and registration underway!

HEALTH + FITNESS= New A² Park Passport

Sign up **today** for a new City of Ann Arbor Parks & Recreation program to develop and promote fitness and health for all ages! Available for pick up are 700 free A² Park Passports with each passport providing one **FREE** golf, boat, swim and ice skate at an Ann Arbor park facility. Pick up your A² Park Passport at any of the City of Ann Arbor park facilities and receive a prize upon completion. A² Park Passports are available from January to October 2016. A fun way to discover new and active experiences in our parks!

As part of this program we also have two, eight-week courses to promote healthy activity by encouraging adults, 50 and older, to utilize parks for physical activities, learn new active skills, meet new people, and improve fitness and overall well being. More details to follow.

Funding for the program is provided by the Michigan Health Endowment Fund in partnership with the Michigan Recreation & Parks Association to encourage citizens to utilize community parks, trails and recreation amenities to be physically active.



To pick up your passport and learn more about this program attend a free kick-off event on the following dates from 2-4 p.m.

Saturday, Feb. 6
Buhr Park Outdoor Ice Arena
2751 Packard Road, 734.794.6234

Saturday, March 19
Mack Indoor Pool
715 Brooks Street, 734.794.6237

Saturday, May 7
Huron Hills Golf Course
3465 E. Huron River Drive,
734.794.6246

Saturday, June 4
Gallup Park Canoe Livery
3000 Fuller Road, 734.794.6240



SPRING/SUMMER REGISTRATION Begins Feb. 1

You'll be able to find the new 88-page parks guide starting Feb. 1 by visiting a2gov.org/parks.

You'll see our 2016 Summer Day Camps and all events/programs at our park facilities from golf and kayak lessons to cultural arts activities, concerts in the parks, volunteer opportunities, Ann Arbor Farmers Market food truck rallies, learn-to-swim lessons, log rolling classes and so much more.

The Ann Arbor Parks is the best place for you to spend your spring and summer staying active and healthy.

The guide also outlines the special season passes we offer for swimming and golfing. Don't miss out on your chance to save.

You can find us online at twitter.com/a2parks on facebook.com/annarbor.parks or tag us on instagram.com/annarborparks.