

PROCLAMATION
Defeat Diabetes Day
November 15, 2008

- WHEREAS, Type 2 diabetes exists when the pancreas produces insulin (to varying degrees), but the body does not properly use it. This type of diabetes (formerly Adult Onset Diabetes), is being diagnosed more frequently among teenagers and children than ever before; and*
- WHEREAS, Diabetes results in 215,000 deaths annually and is expected to increase; and*
- WHEREAS, Diabetes is responsible for an estimated 25% of all kidney and dialysis patients, approximately 50% of all foot and leg amputations from non-traumatic causes (accidents) -- 82,000 amputations annually; and*
- WHEREAS, Diabetics are 2 to 4 times more likely to develop heart disease and 6 times more likely than non-diabetics to suffer a stroke, and diabetics are 65% more likely to develop Alzheimer's Disease; and*
- WHEREAS, For many people the disease is completely preventable through proper nutrition and fitness; and*
- WHEREAS, Quest Martial Arts, DefeatDiabetes.org and ThoughtsToResults.com have combined forces this year in an effort to educate our fellow citizens on this very important issue; and*
- WHEREAS, Public awareness is important in order for people to be able to receive a diagnosis and treatment and will also help eliminate the myths, improve support, and encourage action.*

NOW THEREFORE, I, John Hieftje, Mayor of City of Ann Arbor, do hereby declare November 15th, 2008, as "Defeat Diabetes Day" in the City of Ann Arbor, and I encourage all citizens to support those seeking a cure and to assist individuals and families to take action to prevent this devastating disease on a daily basis.



*I hereby set my hand and seal
This 15th day of November, 2008*

John Hieftje
John Hieftje, Mayor