

**Subject:** Communication on quality of life and density/building type/amenities

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**From:** Sarah Mills

**Sent:** Saturday, March 9, 2024 7:24 AM

**To:** Lenart, Brett <BLenart@a2gov.org>; Kelley, Hank <HKelley@a2gov.org>; Manor, Courtney <CManor@a2gov.org>; Wonwoo Lee; Disch, Lisa; Donnell Wyche; Ellie Abrons; Sadira Clark Lamoreaux; Sara Hammerschmidt; Julie Weatherbee; Daniel Adams

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Brett et al.,

Could you please have this included in our next packet for commissioners as well as community members?

I recently came across the following study of quality of life from neighborhoods of various densities, building types, and neighborhood amenities in Metro Vancouver. I thought it highly relevant for our Comp Planning discussions.

This news story does a pretty good job of summarizing the main (and policy-relevant) takeaways: [https://www-businessinsider-com.cdn.ampproject.org/c/s/www.businessinsider.com/loneliness-happiness-cure-coffee-shops-dense-housing-parks-walkable-neighborhoods-2024-2?amp](https://www.businessinsider-com.cdn.ampproject.org/c/s/www.businessinsider.com/loneliness-happiness-cure-coffee-shops-dense-housing-parks-walkable-neighborhoods-2024-2?amp)

But the full report provides the findings in the researchers' own words. Going directly to Chapter 4 and skimming the blue boxes would be a worthwhile use of 15-30 minutes.

<https://admin.happycities.com/wp-content/uploads/2023/11/My-home-my-neighbourhood-wellbeing-study-111723.pdf>

~Sarah Mills