

2021 DEXTER TO ANN ARBOR RUN

COVID SAFETY PLAN

This safety plan below is designed to cover the Dexter to Ann Arbor Runs Event. The event is held on Sunday, June 6, 2021. While we recognize the impact the novel coronavirus has had on our communities, we are also aware that things may look very different in June. As such, we are developing a safety plan that has masking and social distancing efforts at the core of the plan.

Community Directors involved in preparing this safety plan:

- Clint McCormick, MBA - Road Runners Club of America and USA Triathlon Certified Race Director
- Laurel Park - President of Ann Arbor Track Club and Road Runners Club of America Certified Race Director
- Doug Goodhue - Road Runners Club of America Certified Race Director and Hall of Fame Athlete

Medical Support

- Rebecca Northway, MD - DXA2 Medical Director, University of Michigan
- Christine Brent, MD - DXA2 Medical Director, University of Michigan
- Nathaniel Hunt, MD – EMS Fellow, Department of Emergency Medicine, Michigan Medicine
- Spencer Masiewicz, MD – EMS Fellow, Department of Emergency Medicine, Michigan Medicine

SUPPORTING DOCUMENTS:

- **Restart of Professional Sports --**
https://www.michigan.gov/whitmer/0,9309,7-387-90499_90705-533007--,00.html
- **[Temporary restrictions on certain events, gatherings, and businesses](#)**
- MDHHS's document entitled Guidance for Athletics
- **[Organized sports gathering restrictions](#)**
- **[Gatherings and Face Mask Order](#)**
- **[Workplace Safety Guidance](#)**
- **[MHSAA Statements on Return to Play](#)**

EXPO & PACKET PICKUP:

In a typical year, the expo serves as packet pickup for our participants. The location is an inside facility and is held on the Saturday of race weekend. Up to 40 vendors set up to promote and sell running related products and services. Race Day packet pickup was offered for an hour prior to the race start.

2021 Plan: An outside packet pickup with no vendor exposition, held over two days to accommodate social distancing.

- Location: Ann & Main Street Parking Lot
- Dates: Friday evening (4-8pm), and Saturday (10-4pm) of race weekend. No race day pickup will be offered.
- Packets will be distributed as pre-packaged bags including the finisher medal and participant shirt.

- Volunteers are to wear face masks and gloves while handling any participant items as well as regular use of sanitizer.

FIELD SIZE:

- Normal field capacity is **6,500** participants broken down into the following events:
Saturday:
 - Kids Run: 300 kids ages 2-12Sunday:
 - Half Marathon: 2000 runners
 - 10K: 1250 Runners
 - 5K: 1000 Runners

2021 Plan: The goal for 2021 is to reduce the overall field size and adjust the timeline of events to allow for adequate social distancing at the Start Line, Aid Stations, Finish Line, Medical Tent, and Refreshments Area. By adjusting the start times, we are essentially creating three independent events which helps determine the new field capacity numbers:

Field capacity to be **4,250** participants broken down into the following events:

- Saturday:
 - Kids Run: canceled
- Sunday:
 - Half Marathon: 2000 runners
 - 10K: 1250 Runners
 - 5K: 1000 Runners

START TIMES

10K Run: 7:15am | Finish Time between 7:45am and 8:45am
5K Run: 8:30am | Finish Time between 8:45am and 9:30am
Half Marathon: 8:30am | Finish Time between 9:35am and 12:00pm

COURSE MAPS

The course routes for each event allow for adequate social distancing, provide minimal or no overlap, and allow for start lines to have numerous corrals for staging.

Half Marathon:

<https://dxa2.com/wp-content/uploads/2019-Dexter-Ann-Arbor-Half-Marathon-course-map.pdf>

10K:

<https://dxa2.com/wp-content/uploads/2020-DXA2-10k-course-map.pdf>

5K: <https://dxa2.com/wp-content/uploads/2020-DXA2-5k-course-map-2.pdf>

MASKING

- All participants required to wear masks/face covering in non-competition times:
 - Pre and post race
 - Start Line Corrals

- Immediate finish line
- All staff and volunteers are required to wear masks with complete coverage of the nose and mouth as described in [CDC guidelines](#).
- Enforcement will be maintained by a Social Distance Enforcement Team. (Volunteers to roam the main congregation areas with elevated signs promoting mask wearing and social distancing. Each volunteer will be equipped with additional masks to distribute if needed).

SPECTATORS

- All spectators are required to wear masks with complete coverage of the nose and mouth as described in [CDC guidelines](#).
- Maintain 6' social distancing;
- Must conduct [daily symptom self assessment](#) and be clear to attend per document results;
- Minimal spectators at start/finish line;

SCREENING

- All participants, spectators, staff, and volunteers who qualify are strongly encouraged to receive the Covid-19 vaccine before coming to or participating in the DXA2 event.
- Each participant shall be required to complete a declaration at packet pickup that they are not currently infected by COVID-19 and have not had, or knowingly been in contact with, someone experiencing any of the following COVID-19 symptoms in the past 10 days:
<https://www.cdc.gov/screening/paper-version.pdf>
- By acknowledging, the participant agrees to take temperature on race day. Fever of 100.4 or higher, the participant shall not participate.

COMPLIANCE OFFICER:

Clint McCormick (419.356.4881)

COMMUNICATIONS

- Outline safety procedures for participants, staff/volunteers, and spectators;
- Publish on registration page and website;
- Email to participants prior to race day.
- Diagrams outlining specific patterns of flow will be developed; specifically diagrams for the packet pickup, start line, aid station, finish line, and refreshments will be developed.
- Mobile App will be developed as another method of spectator and participant communication.

SANITATION

- Hand sanitizers provided in all portajohns;
- Portable restrooms spaced 6' apart;
- Increased number of portable restrooms available at start/finish line; 1/50 participants
- Hand wash stations and hand sanitizer stations added to the start/finish line area.

Start Lines -- Corrals and Social Distancing

5K

- The Start line for the 5K is at the intersection of Newport Road and Alexandra Blvd.
- There will be up to 4 corrals setup with each holding 250 runners spaced out 6' apart.
- Waves will be released every 90 seconds.
- Runners will be assigned corrals by estimated finish time submitted during registration. Faster runners to the front with slower runners to the back.

10K

- The start line for the 10K will at 315 N Main street uses the two southbound lanes.
- There will be up to 6 corrals to allow for adequate distancing.
- Each corral will hold up to 250 people and will be about 250' long.
- Runners will be assigned corrals by estimated finish time submitted during registration. Faster runners to the front with slower runners to the back.
- Waves will be released every 90 seconds.

Half Marathon

- The start line for the half marathon is in front of Creekside Elementary School in Dexter, MI.
- There will be up to 10 corrals to allow for adequate distancing.
- Each corral will hold up to 250 people and will be about 250' long.
- Runners will be assigned corrals by estimated time submitted during registration. Faster runners to the front with slower runners to the back.
- Waves will be released every 120 seconds.

WATER / AID STATIONS

- 8oz bottled water
- No Gatorade or endurance drinks
- No nutrition on course
- Gels provided in packets for people to carry
- Tables spaced 25' apart
- Water is self serve
- Two locations on course for touchless refill of personal water bottles.
(<https://watermonster.us/products/hands-free-dispenser>)

SUPPORT VEHICLES (SAG WAGONS)

- Have bottled water and facemasks in vehicle
- Windows down at all times
- Hand sanitizer and disinfectant wipes in vehicle
- For emergency use only

SHUTTLE BUSES - PRE/POST RACE TRANSPORTATION

- No shuttle buses

- Participants will be on their own for getting to the start line of the half and 5K events.
- In accordance with [MDHHS and CDC recommendations](#), Limit the use of carpools or other shared transportation between persons outside the same household. Always wear a mask if traveling with persons outside the same household.

FINISH LINE / POST RACE

- Finish line chute will be fenced to keep runners moving to the exits;
- Runners “encouraged” to leave finish area ASAP;
- Results streamed live and sent to mobile devices.
- No awards ceremonies. Awards available for pick-up at separate tent;
- Finisher medals will be distributed at packet pickup;
- Refreshments are to be determined. In a typical year, we serve sliced pizza, bagels, cut fruit, and offer beer to finishers. Per current guidelines, all food items are to be individually wrapped items, or whole fruits packaged in advance and distributed on tables for participants to pickup reducing facetime and contact with volunteers.
- No beer truck;
- No live band.