



MapMyFitness, Inc. makes no make no warranties as to the conditions, safety, distance, accuracy, or suitability of any route for walking, running, hiking, or cycling. Many national forests, wilderness areas, and state, provincial, or national parks maintain express prohibitions relative to the use of certain trails and areas. Contact the relevant officials in advance of your use of a given route should you have questions concerning usage restrictions.

10K starts at 8:00 Am
 5K starts at 9:15 Am